



Thankyou for watching Creating Great Characters: What Makes Them Tick?

We hope this reading list will give you deeper insights into the characters you create in your fiction.

Psychology and Human Behaviour

Zero Degrees of Empathy by Simon Baron-Cohen.

The Body Keeps the Score by Bessel van der Kolk – trauma's impact on mind & body.

Personality: What Makes You the Way You Are by Daniel Nettle.

The Lucifer Effect by Philip Zimbardo – how good people turn evil.

Behave by Robert Sapolsky – neuroscience and the biological roots of behaviour.

Games People Play by Eric Berne.

Writing and Storytelling

The Science of Storytelling – Will Storr

Into the Woods by John Yorke – structural storytelling from a psychological lens.

Creating Characters by Dwight V. Swain – craft text with a psychological emphasis.

Characters & Viewpoint by Orson Scott Card – motivation and empathy.

The Writer's Guide to Psychology : How to Write Accurately about Psychological Disorders, Clinical Treatment and Human Behavior – by Carolyn Kaufman.

The Emotional Craft of Fiction: How to Write the Story Beneath the Surface, by Donald Maass.

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